

Anguttara Nikaya V.37

## Bhojana Sutta

### A Meal

Translated from the Pali by Thanissaro Bhikkhu.  
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Gives Alms to Buddha and Arahats

**Introduction:** - We have heard our Monks said *the five merits that we could receive when we give food* , meal or alms to Monks, friends and relatives. Now, I found in the sutta pitaka that said about the five merits: *long life, beauty, happiness, strength, & quick-wittedness.*

## Bhojana Sutta

**In giving a meal**, the donor gives five things to the recipient. Which five?

- ? He/she gives life,
  - ? He/she gives beauty,
  - ? He/she gives happiness,
  - ? He/she gives strength, &
  - ? He/she gives quick-wittedness.
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- ? Having given life, he/she has a share in long life, *either human or divine.*

- ? Having given beauty, he/she has a share in beauty, *either human or divine.*
- ? Having given happiness, he/she has a share in happiness, *either human or divine.*
- ? Having given strength, he/she has a share in strength, *either human or divine.*
- ? Having given quick-wittedness, he/she has a share in quick-wittedness, *either human or divine.*

In giving a meal, the donor gives these *five things to the recipient.*"

The prudent person giving *life, strength, beauty, quick-wittedness --*

the wise person, a giver of happiness --  
attains happiness himself.

*Having given life, strength, beauty, happiness, & quick-wittedness, he has long life & status wherever he arises.*

